



Physical Education- B.S. at Northern Illinois University (NIU)

Earn college credit while in high school by taking advantage of dual credit and/or Advanced Placement (AP) options.

FIRST YEAR			
✓ First Semester			Hours
	ENG 103*	Composition I	3
	CSD 100, 101 or ENG 111	The College Experience, Career Planning or College Study Skills	2
	COM 100	Oral Communication	3
	MAT 101, 208, 210, 211 or 229*	IAI Math General Education Requirement	3-4
	HLT 206	Contemporary Health Concepts	3
Semester Total			14-15

✓ Second Semester			
✓ Second Semester			Hours
	ENG 104*	Composition II	3
	PE 200	Introduction to Phys Ed	2
	ELECTIVE	Any 100 or 200 level course	3
	PSY 102	Introduction to Psychology	3
	BIO 103* and BIO 105	General Biology and General Biology Lab	4
Semester Total			15

NIU Requirements: All courses with an asterisk* require a grade of "C" or better.

To meet degree completion at NIU at least 60 additional credit hours will need to be completed.

SECOND YEAR			
✓ First Semester			Hours
	BIO 258	Anatomy and Physiology	4
	IAI FINE ARTS	Select from General Education link below	3
	IAI PHYSICAL SCIENCE	Select from General Education link below	3-4
	IAI SOCIAL SCIENCE	Select from General Education link below	3
	HLT 201	Human Nutrition	3
Semester Total			16-17

✓ Second Semester			
✓ Second Semester			Hours
	IAI HUMANITIES/ FINE ARTS	Select from General Education link below	3
	IAI HUMANITIES	Select from General Education link below	3
	BIO 259	Anatomy and Physiology II	4
	ELECTIVE	Any 100 or 200 level course	3
	ELECTIVE	Any 100 or 200 level course	3
	IAI SOCIAL SCIENCE	Must be from different discipline than previous social science	3
Semester Total			19

Recommended Electives:

- EDU 201: Introduction to Education
- PE 250: Physical Education for Children

Link to General Education (IAI) course options:
kish.edu/AAdegree

This is only a guide. Please contact transfer institution for current information and consult with the Kishwaukee College Academic Advising Office. Please refer to college website and/or catalog for any changes to curriculum for your program of study.