



## Kinesiology - B.S. at Northern Illinois University (NIU)

Earn college credit while in high school by taking advantage of dual credit and/or Advanced Placement (AP) options.

FIRST YEAR			
✓ First Semester			Hours
	ENG 103*	Composition I	3
	CSD 100, 101 or ENG 111	The College Experience, Career Planning or College Study Skills	2
	COM 100	Oral Communication	3
	BIO 103	General Biology	3
	BIO 105	General Biology Lab	1
	MAT	Any 100/200 level course	4
Semester Total			16

✓ Second Semester			
✓ Second Semester			Hours
	ENG 104*	Composition II	3
	MAT 101, 208, 210, 211 or 229*	General Math Requirement	3-5
	CHE 110	Basic Chemistry	3
	CHE 111	Basic Chemistry Lab	1
	PSY 102	Introduction to Psychology	3
	IAI HUMANITIES	Select from General Education link below	3
Semester Total			16-18

SECOND YEAR			
✓ First Semester			Hours
	BIO 258	Anatomy and Physiology	4
	PE 162	First Aid and Emergency Response	3
	IAI SOCIAL SCIENCE	Select from General Education link below	3
	IAI FINE ARTS	Select from General Education link below	3
	ELECTIVE	Any 100 or 200 level course	3
Semester Total			16

✓ Second Semester			
✓ Second Semester			Hours
	HLT 206	Contemporary Health Concepts	3
	BIO 259	Anatomy and Physiology II	4
	ELECTIVE	Any 100 or 200 level course	3
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Semester Total			16

**NIU Requirements:** All courses with an asterisk\* require a grade of "C" or better.

To meet degree completion at NIU, at least 60 additional credit hours will need to be completed.

**Link to General Education (IAI) course options:**  
[kish.edu/ASdegree](http://kish.edu/ASdegree)

*This is only a guide. Please contact transfer institution for current information and consult with the Kishwaukee College Academic Advising Office. Please refer to college website and/or catalog for any changes to curriculum for your program of study.*