

# Physical Education – B.S. at Northern Illinois University (NIU)

Earn college credit while in high school by taking advantage of dual credit and/or Advanced Placement (AP) options.

| FIRST YEAR                     |   |  |              |
|--------------------------------|---|--|--------------|
| ✓ First Semester               |   |  | Hours        |
| ENG 103*                       | Composition I   |  | 3            |
| CSD 100, 101 or ENG 111        | The College Experience, Career Planning or College Study Skills |  | 2            |
| COM 100                        | Oral Communication  |  | 3            |
| HLT 206                        | Contemporary Health Concepts                                    |  | 3            |
| MAT 101, 208, 210, 211 or 229* | IAI Math Graduation Requirement                                 |  | 3-4          |
| <b>Semester Total</b>          |   |  | <b>14-15</b> |

| ✓ Second Semester     |   |  | Hours        |
|-----------------------|---|--|--------------|
| ENG 104*              | Composition II  |  | 3            |
| ELECTIVE              | Any 100 or 200 level course                             |  | 3            |
| ELECTIVE              | Any 100 or 200 level course                             |  | 3            |
| PSY 102               | Introduction to Psychology                              |  | 3            |
| BIO 103*              | General Biology (at least one science must include lab) |  | 3-4          |
| <b>Semester Total</b> |   |  | <b>15-16</b> |

**NIU Requirements:** All courses with an asterisk\* require a grade of "C" or better.

Additional Biology requirement needed at NIU.

To meet degree completion at NIU at least 80 additional credit hours will need to be completed.

| SECOND YEAR           |  |  |              |
|-----------------------|--|--|--------------|
| ✓ First Semester      |  |  | Hours        |
| ELECTIVE              | Any 100 or 200 level course  |  | 3            |
| IAI PHYSICAL SCIENCE  | Select from General Education link below (at least one science must include lab) |  | 3-4          |
| IAI SOCIAL SCIENCE    | Must be from different discipline than previous science                          |  | 3            |
| ELECTIVE              | Any 100 or 200 level course  |  | 3            |
| IAI FINE ARTS         | Select from General Education link below   |  | 3            |
| <b>Semester Total</b> |  |  | <b>15-16</b> |

| ✓ Second Semester         |   |  | Hours     |
|---------------------------|---|--|-----------|
| IAI HUMANITIES/ FINE ARTS | Select from General Education link below                |  | 3         |
| IAI HUMANITIES            | Select from General Education link below                |  | 3         |
| ELECTIVE                  | Any 100 or 200 level course                             |  | 3         |
| ELECTIVE                  | Any 100 or 200 level course                             |  | 3         |
| IAI SOCIAL SCIENCE        | Must be from different discipline than previous science |  | 3         |
| ELECTIVE                  | Any 100 or 200 level course                             |  | 3         |
| <b>Semester Total</b>     |   |  | <b>18</b> |

### Recommended Electives:

- EDU 201: Introduction to Education
- PE 250: Physical Education for Children
- HLT 201: Human Nutrition

**Link to General Education (IAI) course options:**

<http://www.kish.edu/AAdegree>

*This is only a guide. Please contact transfer institution for current information and consult with the Kishwaukee College Academic Advising Office. Please refer to college website and/or catalog for any changes to curriculum for your program of study.*