



# Student Newsletter March 2025

## What's Happening

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## Student Trustee Applications

Are you ready to make a difference on campus? We're looking for passionate, driven students to step up and apply for Student Trustee. Due March 13/ Apply here

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## Student Government Applications

Are you ready to make a difference on campus? We're looking for passionate, driven students to step up and apply for Student Government officers.

Due March 13/ Apply here

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### Foundation Scholarships Applications

The Fall 2025 scholarship application period is now open. Apply for Kishwaukee College Foundation scholarships today through Monday, March 17. Don't miss out on thousands of dollars in scholarship opportunities for the Fall 2025 semester.

Due March 17/ Apply here

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## Graduation Applications Due

Graduation applications are due for May ceremony Due April 1/ Student Self-Service Portal

## WHM: Inspiring Women Board

Check out women's artwork displayed and tell us women who inspires you All Month/ C-Wing Lobby

### Midterm Mayhem: Donuts and Juice

Kick off mid-terms week with donuts and juice 8am-10am/ C-Wing Lobby Mar

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Kody's Cupboard presents St. Patrick's

Check out Kody's Cupboard food pantry
March 4-18/ Order form

Day Meal Kit

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Midterm Mayhem: Muffins and Juice

Grab and muffin and juice on your way to class for midterms 8am-10am/ C-Wing Lobby Mar

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Midterm Mayhem: Therapy Dogs

Decompress with therapy dogs on campus! 10am-12pm/ C-Wing Lobby

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Intramurals: 3pt Challenge

Come test your 3pt shooting skills in the 3pt challenge (male and female brackets) 1:00pm/ Gym/ Sign up Explore & Engage: A Library & Tutoring Services Experience

Come explore our spaces and services, engage in activities and scavenger hunt, and enjoy snacks. Bring your student ID for extra goodies 12pm-2pm/ A1100 Midterm Mayhem: Grab a Snickers

Take a break from midterms and grab a Snickers 11am-1pm/ C-Wing Lobby

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10-14

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17

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18

**Spring Break** 

No classes, offices open March 10-14 Intramurals: Bracketology

Join us for March Madness Men and Women's Bracketology. Best Men and Women bracket will win! March Madness/ follow brackets in C1120/ Sign WHM: Telling HerStory

Come and join or listen to poetry and literature. Light refreshments will be served 12-1:30pm/ Student Lounge

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<u>up</u>

24

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24-31

Day of Happiness

WHM: Poetry Expo

Student Trustee and

What's more fun than a smiley face bouncy ball? Get your free smiley face bouncy ball and don't forget to smile! 10am-12pm/ C-Wing Lobby Bring your own poem, read another woman's poem or we'll have a poem for you! 12:30-2:30pm/ Student Lounge Student Government
Elections
Check Kish email for ballot
Marc 24-31/ Kish Email

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25

#### **FAFSA Workshop**

Members of the Kishwaukee Financial Aid staff will be available to assist you with completing the FAFSA and answer you Financial Aid questions. This event is open to current and future Kish students as well as the public. Workshop Info 10am-1pm/ C1121

## Don't Stress the Test: Taming Test Anxiety

Join us test anxiety workshop 12:30-1:20pm/ A1102

### Sign up early for Versiti Blood Drive on Campus

Blood drive will be hosted April 1, 2025, from 10am-2:30pm in C1133-34

Sign Up Here

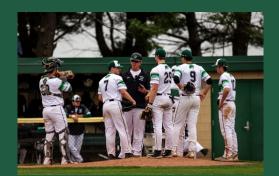
#### **Need Accommodations?**

If you have a need for any accommodations to fully participate in any of these events, please contact Disability Services. If you need a sign language interpreter, please reach out one week before the event

**Email DS** 

## **Athletics**





### Women's Softball

18 | 3pm & 5pm | Softball Field 25 | 3pm & 5pm | Softball Field 29 | 3pm & 5pm | Softball Field

#### Men's Baseball

3 | 1pm & 3:30pm |Baseball Field 6 | 2pm & 5pm |Baseball Field 22 | 12pm & 3pm |Baseball Field 27 | 3:00pm |Baseball Field

For complete game times and schedules go to www.kishkougars.com







## Workout Wednesdays

Explore Kish's Workout Wednesday's exercise regimen, presented by Krystal Moore, Coordinator of Student Activities and Head Coach of Women's Basketball.

Workout Wednesday

## Upcoming College Visits

Aurora University
18/ 31/C-Wing Lobby / 10am-1pm

Rockford University
3 /C-Wing Lobby / 11am-1pm

Saint Anthony College of Nursing 4/ Kish Theatre / 10am-2pm

## **Mission Moment**



Congratulations, Kelly!

This month, we would like to share a mission moment statement from Amanda G., who is pursuing an Associates of Applied Science Degree in Nursing. Amanda would like to recognize Kelly Soost, Professor of Nursing.

When I first entered the nursing program I struggled, it was overwhelming and

And thank you for your

dedication to Kish College

and our students!

overstimulating. As the first semester was coming to an end, my instructor, Kelly Soost, pushed me and gave me some amazing feedback to keep pushing forward. I held on and was able to overcome the obstacles and pass. If it wasn't for her would not have been able to continue on my journey as my long-life dream as a nurse. Now I am in my second year, third semester and thriving.

In addition, I have had some positive experiences with Kish so far. Everyone is friendly and caring. The staff really want to see you succeed and see you grow.

## **Share your Mission Moment**

We want to recognize students who have experienced positive successes through staff, faculty, and/or peer collaboration at Kishwaukee College. Please answer the questions in the link provided as thoroughly as you can so we can share your moment with others on campus. By submitting this information, you are providing consent for the college to share this moment with our Board of Trustees, other staff members on campus and the colleges social media platforms. Please note, we will only share your first name.

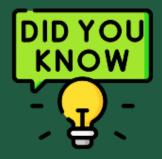
**Nomination Form** 

## Did You Know?

#### Al Tip:

Artificial Intelligence (AI) tools can help you study. Consider how you can use AI to self-assess your skills and make a plan to improve them. AI can also save you time. For example, you can make a study schedule or a practice quiz with an AI tool and then spend more of your time studying efficiently.

Questions about using AI? Ask Library Services <u>library@kish.edu</u>. Questions about improving your study skills? Ask an academic success coach in Tutoring Services <u>https://kish.accudemia.net</u>.





### **Talkspace**

To prioritize the well-being of our students, Kishwaukee College provides online therapy through the digital mental health service Talkspace. Talkspace offers free, confidential therapy to all full-time and part-time Kish students.

Learn More

## Kody's Cupboard

Kishwaukee College is committed to providing resources for students in all aspects of life. We ensure basic needs are available for students, allowing continued success in the classroom.

Order Form

Student Life Kish College Events Student Support Services

KISHWAUKEE
COLLEGE
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