

BIENNIAL REVIEW 2022

ALCOHOL, TOBACCO, AND OTHER DRUG POLICIES/PROGRAMS

Prepared in accordance with the United States Department of Education, *Drug Free Schools and Campuses regulations*

Prepared in Collaboration with:

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Introduction

The pages that follow contain an overview of Kishwaukee College's *Alcohol, Tobacco and Other Drug* [ATOD] policy, as well as all the programs and events on ATOD topics that were produced and/or sponsored by the College during the time period spanning from Fall 2019 through Spring 2021.

The purpose of this document is to provide a record of the College's work in this area, as well as an instrument upon which to build in the future. As per the *Drug Free Schools and Campuses Act*, this document will be kept on file for a period of two years. It will be in the Director of Student Success Office and on the college website.

KC Policies/Procedures Pertaining to ATOD Issues

The following is a listing of Kishwaukee College policies/procedures addressing ATOD issues:

- Drug Free Acts (Board Policy 4.06, College Operations)
- Smoking Policy (Board Policy 4.14)
- Student Code of Conduct (Board Policy 3.06)
- Drug and Alcohol-Free Schools and Communities Act Policy (Board Policy 3.08, students)
- Drug/Alcohol Usage and Testing (Board Policy 2.13.08, College Personnel)
- Section 8.12 of the KC Support Staff Union Contract
- KC Student Athlete Handbook Drug, Alcohol and Substance Abuse Policy

<u>Distribution of ATOD policies/procedures for students and employees</u>

The Kishwaukee College Alcohol, Tobacco, and Other Drug Policy is included in the College's publication entitled, "Annual Security Report". This publication is produced jointly between the Director Campus of Campus Safety and Security, The DeKalb County Sheriff Department, Vice President Student Services and the Director of Student Success, on an annual basis. Employees receive notice each year through the College's employee e-mail system when the report is available for viewing on the <u>campus security webpage</u>. Copies are also available in the Director of Student Success office.

ATOD policies/procedures are distributed to students through various means. Many of the policies/procedures are included in college publications such as the College Annual Security Report, Student Online Handbook, Student Athlete Handbook, College online

Catalog and on the College website and portal. The Annual Security Report is emailed to students each fall.

Description of the ATOD Program Elements

The Alcohol Tobacco and Other Drug program at Kishwaukee College consists of several components. They are as follows:

- Events and activities focused on education and prevention sponsored by departments across campus including Student Involvement, Academic Advising/Counseling Office, Human Resources, and the College Wellness Committee.
- Curriculum focused on ATOD issues identified across divisions.
- College policies are enforced administratively by the Vice President of Student Services, Director of Student Success, Human Resources, and campus security services staffed by the DeKalb County Sheriff's Office.
- Short-term counseling provided through the Academic Advising/Counseling Office. The College has partnered with talkspace for online mental health services and have signed MOUs for referrals to community partners for additional resources.
- The College partners with Safe Passage Domestic Violence Agency in DeKalb County for outside resources.
- All disciplinary actions taken against students for violations of the code of conduct are administered by the Office of the Director of Student Success.

Prevention/Awareness Events Held Within the Last Two Years

Human Resources Programs:

- 1. Employee Assistance Program available to all staff. Counseling personal issues for staff and household family members is available.
- 2. Biometric Testing offered through Blue Cross/Blue Shield at no cost to our employees and their dependents.
- 3. Fitness Program a flexible membership program which is a contract between the employee and BCBS. This provides access to more than 8,000 fitness centers nationwide. Work out close to home, work or while traveling. You select any gym, there is no direct contract with one facility.
- 4. Voluntary benefits in cooperation with AFLAC accident, cancer specific coverage, critical illness coverage, hospital indemnity, etc.
- 5. Offer voluntary supplemental Life Insurance through Reliance Standard.

Counseling and Student Development Office:

During 2020-2021, many activities related to awareness for Alcohol and Drug use were suspended due to the covid pandemic. In place of in person interactions, bi-monthly Mental Health Newsletters were sent to all students, staff, and faculty to ensure awareness and support.

Mental Health Newsletter Included the following topics:

Spring 2021

- Sexual Assault Awareness
- Mental Health Awareness Month featuring Tools 2 Thrive and the events throughout the month of May 2021

Fall 2021

- Substance Use Counseling provided at local social services agencies
- Mental Health in the Black Community.
- Women and Mental Health

Student Services:

- 1. The Director of Student Success and other student success staff, attended Trauma Informed Training, receiving a certificate of completion.
- 2. Director of Student Success contributes to the Behavioral Healthcare Committee, approving mental health verbiage and other informational literature associated with the DeKalb County Community Mental Health Board.
- Annual security report emailed to students and staff each October which
 includes the Biennial Review and links to the Drug Free Schools and Community
 Act/Illinois Sanctions and Penalties and the National Institute on Drug Abuse.
- 4. Drug Free Schools link on webpage.
- 5. Alcohol and Narcotic Assistance/Substance Abuse and Mental Health Treatment Locator on Kishwaukee's website.
- Fall 2021 handouts in the Student Service Advising lab pertaining to resources were updated including services and support groups located within the community.
- 7. Sexual Assault/Domestic Violence Awareness

Student Activities:

Summer 2020:

 Meeting with Community Leaders to determine effectiveness of programming and future needs while navigating COVID-19.

Fall 2020:

- Safe Passage Representative attended 5 classes on campus to promote confidential advisor services.
- Athlete Orientation Virtual Presentation to three groups totally 110 athletes.
 Presentation focused on Code of Conduct and the Comprehensive Policy on Sexual Misconduct.

Spring 2021:

 Safe Passage Representative attended 6 classes on campus to promote confidential advisor services.

Fall 2021:

- Athlete Orientation Virtual Presentation to three groups totally 132 athletes.
 Presentation focused on Code of Conduct and the Comprehensive Policy on Sexual Misconduct.
- November 2019: Safe Passage Representative attended 5 classes on campus to promote confidential advisor services.

Athletics:

Athlete code of conduct coincides with Kishwaukee College's student code of conduct.

The current policy for Alcohol, Tobacco and Drug Use includes:

"The college policy states that each student-athlete refrains from illegal substances at all times. The NJCAA bans the use of alcohol, drugs and all tobacco products during any athletic related event, scrimmage, practice, travel, or games. Failure to comply will be treated on an individual basis and may be grounds for suspension and/or dismissal from the team. Student athletes may be subjected to random drug testing during each semester. Failure to comply with a testing request is considered an admission of use." (Pg. 5, #4)

Academic Divisions:

There are several college level courses that incorporate ATOD subject matter into the course content. These courses include:

| 2022 Biennial Review (Kishwaukee College Drug Free Campuses) | | | |
|--|--|---------------------|---------------------|
| | , | Offered | |
| Course | Title | Fall 2019 | Spring 2021 |
| BIO 109 | Human Biology | Yes | Yes |
| BIO 258 | Anatomy and Physiology I | Yes | Yes |
| BIO 259 | Anatomy and Physiology II | Yes | Yes |
| CRJ 151 | Narcotics and Drug Enforcement | No | Yes |
| CRJ 209 | Juvenile Delinquency/Juvenile Justice | No | Yes |
| EMS 107 | Basic Emergency Med. Tech. | KC No / KEC Yes | Yes |
| HLT 202 | Women's Health Issues | Yes | Offered - Cancelled |
| HLT 206 | Contemporary Health Concepts | Yes | Offered - Cancelled |
| HLT 210 | Drug Use and Abuse | Yes | Offered - Cancelled |
| NUR 265 | Community Health - This course is no longer offered and has been removed from the catalog. | No | No |
| PE 162 | First Aid & Emergency Response | KC Yes / KEC Yes | Offered - Cancelled |
| PSY 102 | Introduction to Psychology | Yes | Yes |
| PSY 280 | Life Span and Human Development | Yes | Yes |
| PSY 216 | Abnormal Psychology | Yes | Yes |
| SOC 170 | Introduction to Sociology | Yes | Yes |
| SOC 283 | Social Problems | Yes | Yes |
| SOC 288 | Criminology | Yes | Yes |
| NUR 100 | Basic Nurse Assisting Training | KC - Yes / KEC -Yes | Yes |
| NUR 117 | Fundamentals of Nursing | Yes | Yes |
| NUR 168 | Adult Health Nursing | Yes | Yes |
| NUR 169 | Adult Health Nursing II | Yes | Yes |
| NUR 226 | Maternal Child Health Nursing | Yes | Yes |
| NUR 227 | Pediatric Health Nursing | Yes | Yes |
| NUR 239 | Adult Health Nursing III | Yes | Yes |
| NUR 264 | Community Mental Health Nursing - This course is no longer offered and has been removed from the catalog | No | No |
| NUR 249 | Mental Health Nursing | Yes | Yes |
| RA 100 | Radiographic Imaging I | Yes | No |
| RA 101 | Patient Care Techniques | Yes | No |
| RA 102 | Radiographic Positions and Procedures I | Yes | No |
| RA 104 | Clinical Practicum I | Yes | No |
| RA 105 | Medical Terminology for Radiography | Yes | No |
| EMS 110 | Paramedic I - This course is no longer offered and has been removed from the catalog. | No | No |
| EMS 111 | Paramedic II - This course is no longer offered and has been removed from the catalog. | No | No |
| EMS 112 | Paramedic III - This course is no longer offered and has been removed from the catalog. | No | No |
| The courses below have been added because they are substantially similar to others listed above. | | | |
| EMS 210 | Paramedic Module I | Yes | No |
| EMS 211 | Paramedic Module II | No | Yes |
| EMS 212 | Paramedic Module III | No | No |
| EMS 220 | Paramedic Module I Clinical | Yes | No |
| EMS 221 | Paramedic Module II Clinical | No | Yes |
| EMS 222 | Paramedic Module III Clinical | No | No |

Nursing and Radiography courses address how to handle patients on drugs and how smoking impacts so much of what professional's address in health care.

Recommendations for Improving ATOD Prevention and Programming

- 1. Develop yearly programming with Counselors and Student Activities to educate students on ATOD issues and resources.
- 2. Build partnerships with community agencies to provide additional resources to students.