



BIENNIAL REVIEW
2024
ALCOHOL, TOBACCO, AND OTHER DRUG
POLICIES/PROGRAMS

Prepared in accordance with the United States Department of Education, *Drug Free Schools, and Campuses regulations*

Prepared in Collaboration with:

Academic Advising
Academic Divisions
Director Student Success
Human Resources
Student Involvement
Title IX Coordinator, Student Services

Introduction

The pages that follow contain an overview of Kishwaukee College's *Alcohol, Tobacco and Other Drug* [ATOD] policy, as well as all the programs and events on ATOD topics that were produced and/or sponsored by the College during the time period spanning from Fall 2021 through Spring 2023.

The purpose of this document is to provide a record of the College's work in this area, as well as an instrument upon which to build in the future. As per the *Drug Free Schools and Campuses Act*, this document will be kept on file for a period of two years. It will be in the Director of Student Success Office and on the college website.

KC Policies/Procedures Pertaining to ATOD Issues

The following is a listing of Kishwaukee College policies/procedures addressing ATOD issues:

- Drug Free Acts (Board Policy 4.06, College Operations)
- Drug and Alcohol Free Schools and Communities Act Policy (Board Policy 4.06.01)
- Smoking Policy (Board Policy 4.14)
- Student Code of Conduct (Board Policy 3.06)
- Drug/Alcohol Usage and Testing (Board Policy 2.13.08, College Personnel)
- Section 8.12 of the KC Support Staff Union Contract
- KC Student Athlete Handbook - Drug, Alcohol and Substance Abuse Policy

Distribution of ATOD policies/procedures for students and employees

The Kishwaukee College Alcohol, Tobacco, and Other Drug Policy is included in the College's publication entitled, "Annual Security Report." This publication is produced jointly between the Director Campus of Campus Safety and Security, The DeKalb County Sheriff Department, Vice President Student Services, and the Director of Student Success, on an annual basis. Employees receive notice each year through the College's employee e-mail system when the report is available for viewing on the [campus security webpage](#). Copies are also available in the Director of Student Success office.

ATOD policies/procedures are distributed to students through various means. Many of the policies/procedures are included in college publications such as the College Annual Security Report, Student Online Handbook, Student Athlete Handbook, College Online

Catalog and on the College website and portal. The Annual Security Report is emailed to students and employees each fall.

Description of the ATOD Program Elements

The Alcohol Tobacco and Other Drug program at Kishwaukee College consists of several components. They are as follows:

- Events and activities focused on education and prevention sponsored by departments across campus including Student Involvement, Academic Advising/Student Services, Human Resources, and the College Wellness Committee.
- Curriculum focused on ATOD issues identified across divisions.
- College policies are enforced administratively by the Vice President of Student Services, Director of Student Success, Human Resources, and Campus Security Services staffed by the DeKalb County Sheriff's Office. The College partners with Safe Passage Domestic Violence Agency, Braden Counseling, New Hope Counseling Center, Northwestern Ben Gordon Center, Change Counseling, Sinnissippi Centers and various other outside resources in DeKalb and Ogle County.
- All disciplinary actions taken against students for violations of the code of conduct are administered by the Office of the Director of Student Success.

Prevention/Awareness Events Held Within the Last Two Years

Human Resources Programs:

1. Employee Assistance Program available to all staff. Counseling personal issues for staff and household family members is available.
2. Fitness Program – a flexible membership program which is a contract between the employee and BCBS. This provides access to more than 8,000 fitness centers nationwide. Work out close to home, work or while traveling. You select any gym, there is no direct contract with one facility.
3. Voluntary benefits in cooperation with AFLAC accident, cancer specific coverage, critical illness coverage, hospital indemnity, etc.
4. Offer voluntary supplemental Life Insurance through Reliance Standard.

Student Services Programming:

1. Director of Student Success contributes to the Behavioral Healthcare Committee, approving mental health verbiage and other informational literature associated with the DeKalb County Community Mental Health Board.
2. Annual security report emailed to students and employees each October which includes the Biennial Review and links to the Drug Free Schools and Community Act/Illinois Sanctions and Penalties and the National Institute on Drug Abuse.
3. Drug Free Schools link on webpage.
4. Alcohol and Narcotic Assistance/Substance Abuse and Mental Health Treatment Locator on Kishwaukee's website.
5. Sexual Assault/Domestic Violence Awareness programming.
6. In Spring 2022, Wellness Wednesday programming was created in collaboration with the Health Services Department and Student Services. This programming features senior nursing students providing peer to peer support services with such information as DUI, mental health and wellness and substance use topics. Since the creation of Wellness Wednesday, the event has taken place twice a semester during the Fall and Spring semesters.
7. In spring 2022, Title IX and Preventing Sexual Assault presentation was created and shared in 4 classes to promote confidential advisor services:
 - Students were sent remote activities and assistance offerings focused on Sexual Assault Awareness Month hosted by Safe Passage
 - Women in Blue Jeans Day, build awareness of women and donation provided to Safe Passage.
 - Promotion of Walk a Mile in Their Shoes sponsored by Safe Passage
 - Viewing of Athlete, A for students and staff, sponsored by the Colleges Women Student Union Club.
8. In Summer 2022, Talkspace flyers for mental health services were created for classrooms and restroom areas.
9. In Fall 2022, handouts were placed in the Student Service Advising lab pertaining to resources for support groups located within the community.
10. In Fall 2022, the college created a Mental Health Newsletter with information provided to us from Talkspace. The newsletter also includes information from our local agency partners and one of our partners, Braden Counseling, offers DUI/Substance Use counseling treatment services.
11. In Summer 2023, additional substance use and mental health treatment information, www.rehab.com/illinois was provided on the college's Mental Health and Personal Counseling webpage.

Student Activities Programming:

Fall 2022:

- Work out Wednesday virtual exercise activities throughout the semester, promoting stress reduction that leads to unhealthy behaviors.
- Stress Relief Week focuses on activities and information to promote effective stress relief coping skills.
- We Care Pregnancy opportunity on campus for students to promote support services and provide educational materials for expecting mothers.

Spring 2023:

- Work out Wednesday virtual exercise activities throughout the semester, promoting stress reduction that leads to unhealthy behaviors.
- Sexual assault programming for the month of April (Safe Place Selfie Day and NOH8 Campaign Photo Shoot)

Athletics:

The athlete code of conduct coincides with Kishwaukee College's student code of conduct.

The current policy for Alcohol, Tobacco and Drug Use includes:

"The college policy states that each student-athlete refrains from illegal substances at all times. The NJCAA bans the use of alcohol, drugs and all tobacco products during any athletic related event, scrimmage, practice, travel, or games. Failure to comply will be treated on an individual basis and may be grounds for suspension and/or dismissal from the team. Student athletes may be subjected to random drug testing during each semester. Failure to comply with a testing request is considered an admission of use."
(Pg. 5, #4)

Fall 2022:

- Athlete Orientation Virtual Presentation to three groups of student athletes focused on Code of Conduct, Mental Health assistance and the Comprehensive Policy on Sexual Misconduct.

Fall 2023:

- Athlete Orientation Virtual Presentation to three groups of student athletes, which focused on Code of Conduct, Mental Health assistance and the Comprehensive Policy on Sexual Misconduct.

Academic Divisions:

There are several college level courses that incorporate ATOD subject matter into the course content. These courses include:

<i>2024 Biennial Review (Kishwaukee College Drug Free Campuses)</i>						
Subject	Course#	Short Title	FA21	SP22	FA22	SP23
BIO	109	Human Biology	Yes	Yes	Yes	Yes
BIO	258	Anatomy and Physiology I	Yes	Yes	Yes	Yes
BIO	259	Anatomy and Physiology II	Yes	Yes	Yes	Yes
CRJ	151	Narcotics & Drug Enforcement	No	Yes	No	Yes
CRJ	209	Juvenile Delinquency and Justice	No	Yes	No	Yes
EMS	107	Basic Emergency Med Tech	Yes	Yes	Yes	Yes
EMS	210	Paramedic Module I	Yes	No	Yes	No
EMS	211	Paramedic Module II	No	Yes	No	Yes
EMS	220	Paramedic Module I Clinical	Yes	No	Yes	No
EMS	221	Paramedic Module II Clinical	No	Yes	No	Yes
HLT	202	Women's Health Issues	Yes	Yes	Yes	Yes
HLT	206	Contemporary Health Concepts	Yes	Yes	Yes	Yes
HLT	210	Drug Use and Abuse	Yes	Yes	Yes	Yes
HOR	220	Cannabis Biology & Production	No	Yes	No	Yes
NUR	100	Basic Nurse Assistant Training	Yes	Yes	Yes	Yes
NUR	117	Fundamentals of Nursing	Yes	Yes	Yes	Yes
NUR	168	Adult Health Nursing I	Yes	Yes	Yes	Yes
NUR	169	Adult Health Nursing II	Yes	Yes	Yes	Yes
NUR	226	Maternal Child Health Nursing	Yes	Yes	Yes	Yes
NUR	227	Pediatric Health Nursing	Yes	Yes	Yes	Yes
NUR	239	Adult Health Nursing III	Yes	Yes	Yes	Yes
NUR	249	Mental Health Nursing	Yes	Yes	Yes	Yes
PE	162	First Aid & Emergency Response	Yes	Yes	Yes	Yes
PSY	102	Intro Psychology	Yes	Yes	Yes	Yes
PSY	216	Abnormal Psychology	Yes	Yes	Yes	Yes
PSY	280	Life-Span Human Development	Yes	Yes	Yes	Yes
RA	100	Radiographic Imaging I	Yes	No	Yes	No
RA	101	Patient Care Techniques	Yes	No	Yes	No
RA	102	Radiographic Pos & Procedure I	Yes	No	Yes	No
RA	104	Clinical Practicum I	Yes	No	Yes	No
RA	105	Medical Term for Radiography	Yes	No	Yes	No
SOC	170	Introduction to Sociology	Yes	Yes	Yes	Yes
SOC	283	Social Problems	Yes	Yes	Yes	Yes

SOC	288	Criminology	Yes	Yes	Yes	Yes
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Nursing and Radiography courses address how to treat patients on drugs and how smoking impacts so much of what professional's address in health care.

Recommendations for Improving ATOD Prevention and Programming

1. Develop yearly programming with Academic Advisors, Director Student Success, Director Safety & Campus Security, Student Services and Student Activities to educate students on ATOD issues and resources.
2. Build partnerships and create programming with community agencies to provide additional resources to students.
3. Enhance communication with students regarding alcohol, tobacco, and other drugs policies on campus.