



Complementary Health Advisory Committee

Meeting Date: March 4, 2026

External:

Chrystal Ciodyk - Owner, Chrystal Clinic

Crystal Ceja - Regional Manager, Element Spa

Olivia Cardona - Hand & Stone Massage

Delinda Johnson – Manager, Lifestyle Family Chiropractic

Internal:

Jessica Berek - Dean of Health Sciences, Interim Associate Vice President of Instruction

Leslie Ciaccio – Coordinator of Complementary Health Programs

Terry Funston - Director of Curriculum and Program Development

Kimberly Morgan – Instructor

Cindy Karasewski – Administrative Specialist I

- I. College Updates
 - A. Spring 2026 enrollment saw a decrease of around 1%.
 - B. Planning for next academic year
 - i. Proposing \$160 college tuition again for next year (no increase).
 - ii. Proposing that EST/TPM students pay the same \$160 tuition (in-district), instead of differential tuition rate.
 - iii. Working on capital projects plan for updating areas of the college.
 - C. News from the College: All-in Tuition model received national recognition; Aspen Prize Finalist.
- II. Program Updates
 - A. Program Enrollment
 - i. 6 students currently enrolled in the esthetics program, and 11 graduates of the program in spring 2025.
 - ii. 10 students currently enrolled in the therapeutic massage program and 9 of them are on track to graduate on July 30, 2026. There were 5 graduates in summer 2025.
 - B. Curriculum Updates
 - i. Revised topical outlines for EST 110, Esthetics Procedures I; EST 111, Esthetics Clinic; EST 120 Esthetics Procedures II; EST 121, Advanced Esthetics Clinic and EST 130, Esthetics Licensure Seminar have been approved by the ICCB are being implemented as the courses are being offered.
 - ii. These curriculum changes were made to improve topical alignment and eliminate redundancy throughout the esthetics program.
 - C. Clinic Update

- i. Esthetics clinic begins March 24 and will be held on Tuesdays and Thursdays. Esthetics program began offering mini facials, arm and hand herbology treatments, and foot scrub service during the Fall 2025 clinical course.
 - ii. Therapeutic massage clinic is open on Saturdays. Therapeutic massage program plans to introduce aromatherapy service upgrades in late spring or summer 2026.
 - D. Continuing Education Classes
 - i. 2026 is a license renewal year for Massage Therapists in Illinois, expiration is December 31, 2026. The next renewal date for Licensed Estheticians in Illinois is September 30, 2027.
 - ii. Starting January 1, 2026, the Illinois Department of Financial and Professional Regulation (IDFPR) requires all new and renewing licensees in the beauty and related fields to complete training on recognizing abnormal skin growths, such as melanoma.
 - iii. Julie Kimpan Freeman will be offering continuing education courses again this spring and fall. Leslie will investigate offering a lymphatic drainage massage CEU course.
 - III. Partner Updates
 - A. Employment Outlook/Labor Market Data
 - i. Employment of massage therapists is projected to grow 15% from 2024 to 2034.
 - ii. Employment of skincare specialists is projected to grow 7% from 2024 to 2034.
 - IV. Additional questions or feedback
 - A. Johnson, Lifestyle Family Chiropractic, asked if outside massages of the clinic a requirement for graduation.
 - i. Yes, it is. Johnson suggested students visit a medical massage facility to help inform their future practice decisions.
 - B. Ciodyk, Chrystal Clinic, asked if there will be an employee panel again.
 - i. Ciaccio will coordinate with instructors to plan.
 - C. Johnson, Lifestyle Family Chiropractic, was happy to hear the numbers are increasing in the program.